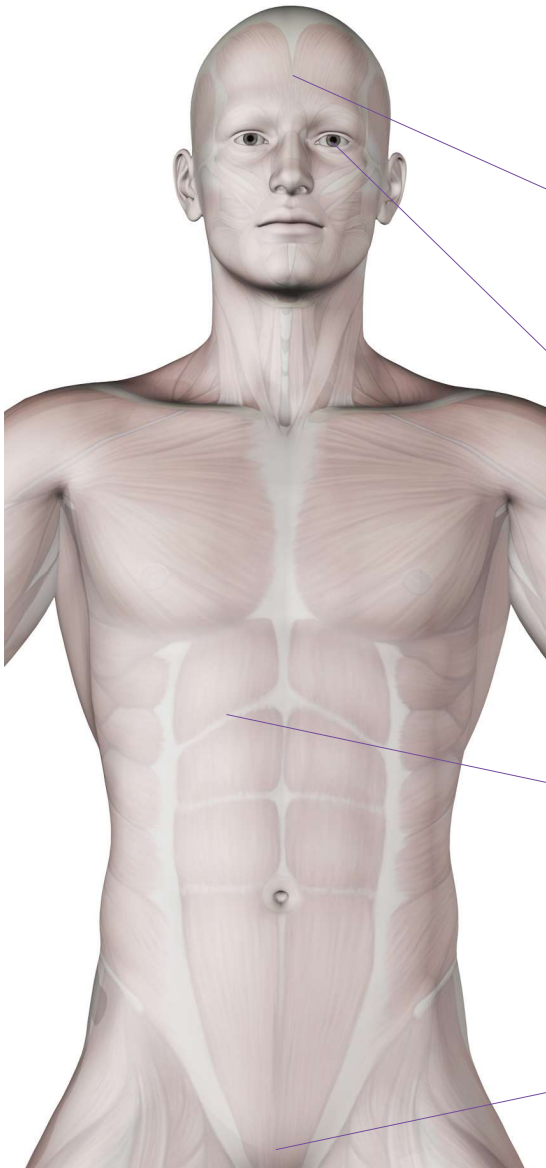


Liver Problems

What are the symptoms?

- Changes in your energy level (more tired)
- Yellowing of your skin or the whites of your eyes
- Change in the color of your stool (paler)
- Change in the color of your urine (darker, tea-colored)
- Abdominal pain, particularly on the upper right side of the stomach
- Bruising or bleeding more easily
- Fever, confusion, drowsiness, feeling “foggy”
- Increased sweating
- Abdominal bloating

Where are the symptoms?



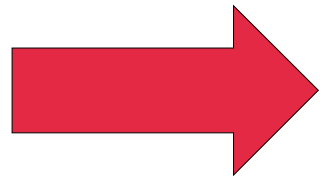
- Changes in your energy level (more tired)
- Fever, confusion, drowsiness, and/or feeling “foggy”

- Yellowing of your skin or the whites of your eyes
- Bruising and/or bleeding more easily
- Increased sweating



- Abdominal bleeding or pain, particularly on the upper right side of the stomach

- Change in the color of your stool (paler)
- Change in the color of your urine (darker, tea-colored)

Why should you report these symptoms early to your oncology team?



Reporting symptoms early increases your chances of staying on your treatment

- Steps can be taken to address your symptoms early
- Yellowing eyes  permanent vision damage
- Abdominal bleeding  coma or death

How can I take care of my liver?

DO

- Drink lots of fluids every day
- Eat a well-balanced diet without too much fat and stay active to maintain a healthy weight

DON'T

- Drink a lot of alcohol (no more than one drink per day for women and two drinks per day for men)
- Take more acetaminophen (Tylenol®) or prescription pain medication than recommended

Who will help me with liver and gastrointestinal side effects?

YOUR ONCOLOGIST



- Always call your oncologist first
- They'll manage most symptoms with medication and will monitor your living function carefully

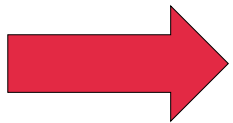
BUT, if symptoms progress

- A doctor who specializes in liver and gastrointestinal issues (hepatologist/gastroenterologist) may need to help
- You may need stronger steroids, other immunosuppressive drugs, and a liver biopsy
- Severe or life-threatening symptoms
 - May require that you be admitted to the hospital and treated by a specialist
 - In that case, specialized intensive care and stronger immunosuppressive drugs may be required

When should I be most concerned?

If you experience

- Severe pain and/or swelling in your stomach
- Drowsiness, confusion, or fogginess
- Yellowing of the skin or whites of your eyes



Call your oncologist IMMEDIATELY and be prepared to go to the emergency room