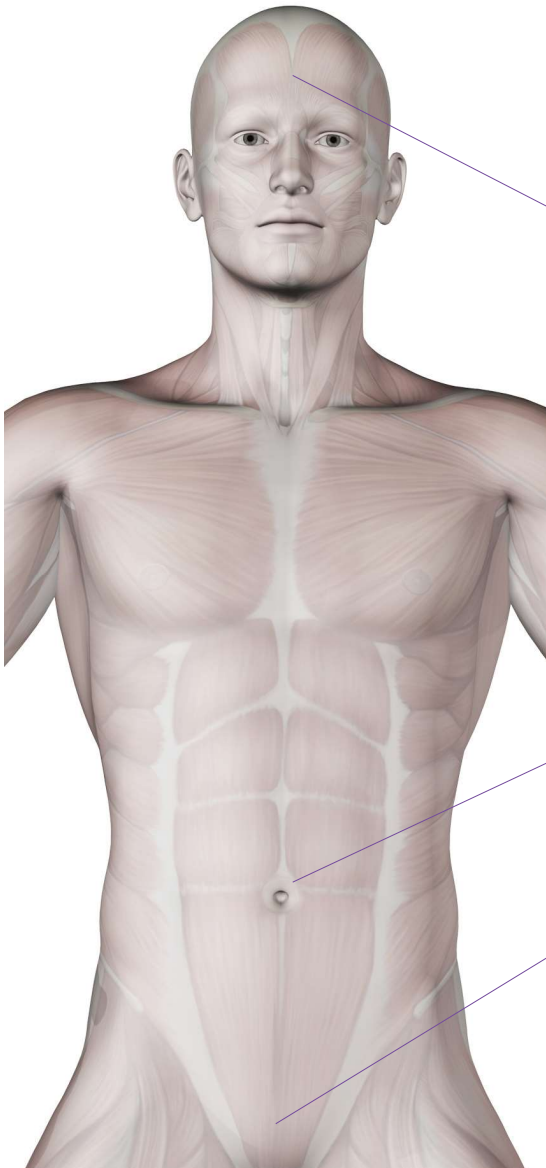


Pituitary Gland Problems

What are the symptoms?

- **Changes in your energy level (more tired)**
- **Nausea/vomiting**
- **Headache**
- **Dizziness, confusion, drowsiness, feeling “foggy”**
- **Problems with your vision**
- **Changes in sexual function**
- **Fever**

Where are the symptoms?

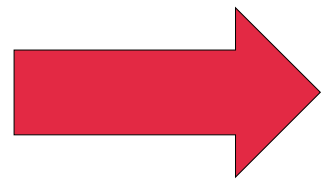


- Changes in your energy level (more tired)
- Dizziness
- Confusion, drowsiness, feeling “foggy”
- Fever



- Nausea (upset stomach) and vomiting (throwing up)

- Changes in sexual function

Why should you report these symptoms early to your oncology team?



Reporting symptoms early increases your chances of staying on your treatment

- Steps can be taken to address your symptoms early
- Eye pain/changes in vision  vision loss
- Sexual dysfunction  emotional and physical issues

How can I take care of my pituitary system?

DO

- Continue taking any thyroid supplements you were prescribed prior to starting cancer therapy
- Eat a healthy diet and exercise regularly

Who will help me with gland and hormonal side effects?

YOUR ONCOLOGIST



- Always call your oncologist first
- They'll manage most symptoms with medicine

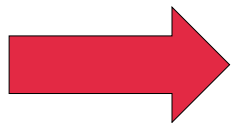
BUT, if symptoms progress

- A doctor who specializes in gland issues (endocrinologist) may need to help
- You may need steroids or a specialized scan
- Severe or life-threatening symptoms
 - May require that you be admitted to the hospital and treated by an endocrinologist
 - In that case, specialized medicines and care may be given to you

When should I be most concerned?

If you experience

- **Severe head pain with vision changes**
- **Fever, nausea, vomiting, and/or tiredness**



Call your oncologist IMMEDIATELY and be prepared to go to the emergency room