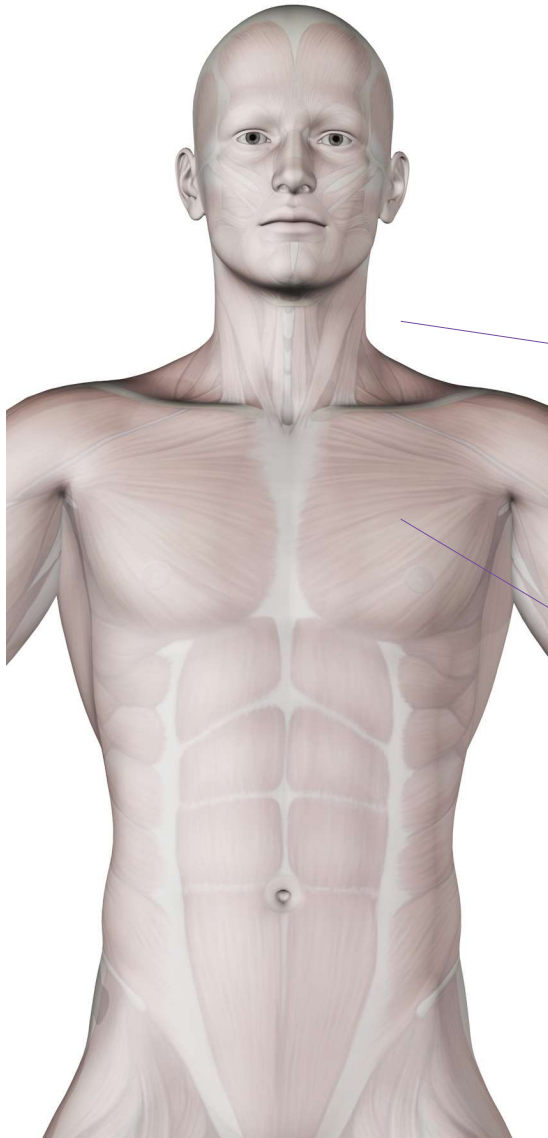


Lung and Breathing Problems

What are the symptoms?

- **Changes in breathing**
- **Dry cough**
- **Chest pain**
- **Worsening of existing symptoms**
- **Increased shortness of breath when you walk or exercise**
- **Shortness of breath when you are resting**

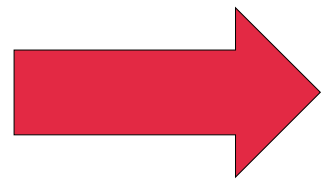
Where are the symptoms?





- Dry cough

- Changes in breathing
- Chest pain
- Worsening of existing breathing problems
- Increased shortness of breath when you walk or exercise
- Shortness of breath when you are resting

Why should you report these symptoms early to your oncology team?



Reporting symptoms early increases your chances of staying on your treatment

- Steps can be taken to address your symptoms early
- Chest pain  may be a marker of fluid build up around lungs
- Lung damage  lung failure

How can I take care of my lungs?

DO

- Wear a pollen mask or a respirator when you are around potential irritants
- Adhere to any pre-existing asthma or allergy treatment plans during your cancer therapy
- Check with your healthcare provider before using any steroid-based inhalers

DON'T

- Spend time in environments that can irritate your lungs or make it hard to breathe
- For instance, if you work outdoors, pollen or chemicals may affect you
- If you have a hobby like painting, use of certain chemicals can irritate your lungs

Who will help me with lung and breathing side effects?

YOUR ONCOLOGIST



- Always call your oncologist first
- They'll manage most symptoms with medicine and monitor how your lungs are doing

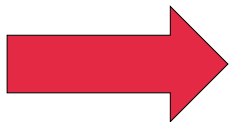
BUT, if symptoms progress

- A doctor who specializes in lungs and respiratory issues (pulmonologist) may need to help
- You may need steroids and chest imaging (x-ray or computed tomography)
- Severe or life-threatening symptoms
 - May require that you be admitted to the hospital and treated by a pulmonologist
 - In that case, specialized care and medicines may be given to you

When should I be most concerned?

If you experience

- **Any trouble breathing or chest pain**
- **New or worsening cough or sudden symptoms**



Call your oncologist IMMEDIATELY and be prepared to go to emergency room